



Jasper County Hospital Foundation

# Fit for Life • 5K Run/Walk

## Saturday, August 7th, 2010

**Registration 7:15 a.m. - 8:00 a.m.**

**Run begins at 8:30 a.m.**

**Walk begins at 8:35 a.m.**

Start and Finish on Bomber Blvd, near Rensselaer Central Middle School.

All intersections will be well marked and secure.

Split Times.

### AGE CATEGORIES

#### 5K RUN

Males: (A) 15 and under; (B) 16-20; (C) 21-25 ;  
(D) 26-31; (E) 32-36; (F) 37-45; (G) 46-54;  
and (H) 55 and over.

Females: (A) 15 and under; (B) 16-20; (C) 21-27 ; (D) 28-34; (E) 35-44; (F) 45-54; and (G) 55 and over.

#### 5K WALK

Males: (A) 25 and under, (B) 26-45 (C) 46 and over.

Females: (A) 25 and under, (B) 26-45 (C) 46 and over.

**FIT FOR LIFE  
5K RUN/WALK**

**ENTRY FORM** \$12.00 if postmarked by July 26 \$15.00 - Race Day

**Make checks payable to:**

Jasper County Hospital Foundation • 1104 East Grace Street • Rensselaer, IN 47978

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

T-Shirt Size: S M L XL Sex: M F Age \_\_\_\_\_ Walk \_\_\_\_\_ Run \_\_\_\_\_

IMPORTANT: Please read before signing. WAIVER: In consideration of your acceptance of this entry, I hereby for myself, executors and administrators waive any and all rights and claims for damages I may have against the Jasper County Hospital Foundation and all others involved with this race, including but not limited to race organizers or sponsors, for any and all injuries suffered by me in connection with said event, including pre and post activities. By my signature, I acknowledge that I have read and understand these terms and conditions.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent's Signature if under 18 years of age

For more information please call the Community Relations Department,  
(219) 866-2078, or toll free, (888) 511-5141, extension 2130